



Dr. Duru Shah

MD FRCOG FCPS FICS FICOG FICMCH DGO DFP

India

Dr. Duru Shah is one of India's leading gynecologists based in Mumbai, India with a professional practice spanning over 35 years. She is the Director of “Gynaecworld- Center for Women’s Health and Fertility”, based in South Mumbai where she caters to women of all age groups and strata. Dr. Duru Shah is a familiar face, name and voice in India on the burning issue of the state of women's health in the country.

In October 2012, Dr. Duru Shah became the first Indian to receive the very prestigious **“Distinguished Merit Award”** from the International Federation of Gynecology & Obstetrics (**FIGO**), which is the International Global Body of Gynecologists, for her services towards women’s health in India. In appreciation of her services to women’s health, the Royal College of Obstetricians & Gynecologists, UK, awarded the Honorary Fellowship of the Royal College to her in 2008. She has been awarded the **“Top 20 women achievers award”** of Indian healthcare – Mumbai, March 2008. Dr. Shah also features on the **Marie Claire Influencers List 2013** as one among 25 power women who inspire change and are advocates of change.

Dr. Duru Shah has occupied many distinguished positions, including the highest national professional positions ie. the President of the FOGSI, the Federation of Obstetric & Gynaecological Societies of India, and the Chairman of the Indian College of Obstetricians & Gynaecologists (ICOG). Currently she sits on many Boards including Metropolis Healthcare and 2 prominent International Boards. She has also been recently appointed as Director of the Corporate Social Responsibility (CSR) at Metropolis Healthcare.

Dr. Duru Shah is recognized as an excellent teacher and a well reputed clinician amongst the medical fraternity. Her areas of expertise are Infertility, Assisted Reproduction, Polycystic Ovarian Syndrome and Premature Menopause. Due to the increasing number of women with PCOS who she looks after, especially with infertility, she has created a PCOS Society, India for medical experts to exchange their expertise for better care of women with PCOS. In view of her passion for education she has recently been appointed as the Director of Online Education by the International Menopause Society (IMS).

Dr. Duru Shah is a Postgraduate Guide for the Diplomate of National Board Exams of India and has been the Honorary Professor of Obstetrics & Gynecology, at the Nowrojee Wadia Maternity Hospital, Mumbai University, India. Dr. Shah conducts regular Workshops on Infertility at the Fertility Clinic of **Gynaecworld, a Center recognized by FOGSI for infertility training**. Her center is also accredited by ICOG to train Fellows in **Reproductive Medicine** and **Assisted Reproduction**. Besides being recognized for Assisted Reproduction, by the **Indian Society of Assisted Reproduction (ISAR)** and the **Indian Council of Medical Research (ICMR)**.

On the Social front she has been best known for her involvement in reaching out to Indian youth and women to create awareness on their reproductive health, which has earned her a chapter in the book **“The Poor little Rich Slum”** by the well-known author, Rashmi Bansal. Keeping in mind her future involvement in the field of Education she has created her own NGO called the **“Women’s Empowerment Foundation”** (WE Foundation) and initiated her activities, focusing on empowerment of the under privileged youth of Dharavi.

Dr. Duru Shah has been invited **as a Technical Expert by WHO and the Ministry of Health, Government of India** on their various Committees for development of Guidelines and Policies. Currently Dr. Shah is focusing her attention on Gender Violence and has created a program called **“STAR Program”** ("Survivor Treatment, Advocacy & Responsibility") to educate doctors on their role in delivering justice to victims of sexual abuse.

www.gynaecworld.com

www.pcosindia.org

www.wefoundation.in.org