



## **DR. DURU SHAH**

**MD, FRCOG FCPS FICS FICOG DGO DFP FICMCH**

### **CURRENT POSITIONS HELD:-**

- *Director: Gynaecworld, the Center for Women's Health & Fertility. 1981 onwards*
- *Founder & Managing Trustee: Metropolis Foundation (previously Women's Foundation) 2014 onwards*
- *Founder President: The PCOS Society of India, 2015 onwards*
- *Trustee: Mumbai Obstetrics & Gynecology Society (MOGS), 2017 onwards.*
- *Member: International Advisory Panel: Centre for Research Excellence in Polycystic Ovary Syndrome. (CRE-PCOS), 2017 onwards.*
- *Representative: PCOS Society of India to the Federation of Societies of International Societies of Gynecological Endocrinology (FISGE) 2017 onwards*
- *Vice-President and Chair of Education Committee- Asia Pacific Initiative on Reproduction (ASPIRE) 2021-2025*
- *Consultant ObGyn.: Breach Candy Hospital, Jaslok Hospital, Hinduja Healthcare, Mumbai.*
- *On the Advisory Board of "BabyChakra" Globally*

### **PAST POSITIONS HELD: - NATIONAL**

- *President: The Mumbai Obstetric & Gynecological Society, (MOGS) 2002-2003*
- *President: The Federation of Obstetric & Gynecological Societies of India, (FOGSI) 2006 – 2007*
- *President: Indian Menopause Society (IMS) 2008- 2009*
- *Chairman: The Indian College of Obstetrics & Gynecology (ICOG) 2009 – 2011*
- *Chair: "Violence against Women Cell", FOGSI 2015- 2017*
- *President: Indian Society for Assisted Reproduction (ISAR) 2017-2018*
- *Consultant: Obstetrician & Gynecologist Sir Harkisondas Hospital & Research Centre*

#### **PAST POSITIONS HELD: - INTERNATIONAL:**

- *Member: Ethics Committee, International Federation of Gynecology & Obstetrics. (FIGO) 2009-2015.*
- *Country Representative: FOGSI to the International Federation of Gynecology & Obstetrics. (FIGO) 2010 – 2012*
- *Member: Executive Board of International Menopause Society (IMS) 2011- 2019*
- *Country Representative: Indian Menopause Society (IMS-India) to Asia Pacific Menopause Federation (APMF) 2012 – 2014*
- *Chair: Education Committee of the International Menopause Society (IMS) 2014- 2016*
- *Director: Digital Education International Menopause Society (IMS) 2016-2018*
- *Country Representative: ISAR to the Asia Pacific Initiative on Reproduction (ASPIRE) 2016– 2018*
- *Co-Chair: “IMPART” Educational Program at the International Menopause Society (IMS) 2018 – 2019*
- *Scientific Meeting Advisor: Asia Pacific Menopause Federation (APMF) 2018 -2019*
- *Chair: Special Interest Group (SIG) on Reproductive Endocrinology & PCOS, Asia Pacific Initiative on Reproduction (ASPIRE) 2018 - 2021.*
- *Chair: Indian “Special Interest Group” American Society for Reproductive Medicine (ASRM) 2019 -2020*
- *International Advisor: Special Interest Group (SIG) “Safety & Quality in ART” (SQART), European Society of Human Reproduction & Embryology (ESHRE) 2019 -2021*
- *Chair: Council of Affiliated Menopause Society (CAMS)*

#### **MEMBER OF THE FOLLOWING INTERNATIONAL ORGANIZATIONS:**

- Androgen Excess & PCOS Society, (AE-PCOS)
- Asia Pacific Initiative on Reproduction (ASPIRE)
- International Menopause Society (IMS)
- Asia Pacific Menopause Federation (APMF)
- European Society of Human Reproduction & Embryology (ESHRE)
- American Society for Reproductive Medicine (ASRM)
- International Society of Gynecological Endocrinology (ISGE)

#### **MEMBER OF OTHER COMMITTEES:**

- *Member: Coordinating Committee of Project on Emergency Obstetric Care (EMC) of the Federation of Obstetric and Gynaecological Societies of India in collaboration with John Hopkins, USA (JHPIEGO).*

- *Member:* Technical Committee, **National Consultation on RCH-II Adolescent Reproductive and Sexual Health (ARSH):** -
- *Lead for FOGSI :* for the Development of Standards and Operational Guidelines” the **Ministry of Health & Family Welfare (MOHFW)** in collaboration with WHO and UNFPA.
- *National Convenor:* “**Accreditation Committee**” to develop Accreditation criteria for Maternity Homes/Nursing Homes of **FOGSI** in collaboration with the Ministry of Health and World Health Organization (**WHO**).
- *Member:* Ethics committee of Majlis (NGO) for Research on Rape Victim Support Programme.
- *Member:* Technical Advisory Committee of the **Ferrous Sucrose in Pregnant Anaemic Women in India (FeSPAW)** Project, by the **Public Health Foundation of India** in collaboration with the **Ministry of Health, Government of India**.
- *Member:* Guideline Critique Advisory Group, **The Foundation for Medical Research (FRCH)** UK
- *Member:* Technical Advisory Committee of **FOGSI** to Government of India for “**Maternal Mortality**” 2010

#### **Honours received.**

- **Lifetime Achievement Award for Valuable Services rendered to FOGSI and lifelong Commitment to our Speciality**, by “**The Federation of Obstetric & Gynecological Societies of India** on January 10<sup>th</sup>, 2022.
- “**MOGS- Dr. B. N. Purandare Outstanding Service Award**” for Lifelong Commitment and Yeoman Services rendered to the Cause of Women’s Health & Rights, 19<sup>th</sup> March, 2022.
- Awarded the “**Iconic Gynecologist & Fertility Expert**” March 7<sup>th</sup>, 2022, by the Honorable Bhagat Singh Koshyari (Governor of Maharashtra).
- 
- “**ISAR Dr. Prabha Malhotra Award**” Life Time Achievement Award for excellence in the field of Infertility. March 4<sup>th</sup>, 2022, Delhi
- Awarded the “**ICON of the Year 2022 (OB-GYN, National)**” during the **National Fertility Awards** by Economic Times, Healthworld, 25<sup>th</sup> February 2022
- Recipient of the **Black Swan Award** for Women Empowerment, 2021
- Received the “**Mahatma Award 2021**” for Social Responsibilities and Gender Equality, New Delhi by the Ex-Governor Ms. Kiran Bedi.
- **The first and only Indian** to receive the prestigious “**FIGO-Distinguished Merit Award for service towards women’s health**”, from FIGO, Rome, Italy- October 2012

#### **Awards Received:**

- Indian Menopause Society: Life Time Achievement Award 2024 - 2025
- International Menopause Society Distinguished Service Award 2024
- Received the ET **National IVF/Fertility Champion** of the Year Award, 2023
- **Featured in the Outlook Magazine “Top Docs Mumbai 2022”** in Mumbai, January 2022
- **ICOG Vidya Bhushan Award** for her distinguished work in medical education in **ICOG Mumbai 2021**

- The **India's 10 Super Moms for their role in society-building** by **Baby Chakra**
- Featured in India Today Magazine for Accomplishment and Commitment to Medicine- **"Top Docs – Mumbai 2020" September 2020**
- **"Presidential Recognition Award"** from the **International Menopause Society (IMS)** for her outstanding service to the Society, presented at the 16<sup>th</sup> World Congress on Menopause, Vancouver, Canada, 2018.
- **"OPPI Recognition Award"** by **Hon. Minister of State**, Smt. Anupriya Patel, for outstanding contribution in the field of women's health, Delhi, India, July 2018
- **One of the 25 power women on the Marie Claire Influencers List 2013** who have inspired change and are advocates of change, India, 2013.
- Awarded the **"Indian Medical Association"(IMA)** Award for the valuable contribution to Medical Fraternity, Mumbai, July 2009
- Awarded the **"Top 20 women achievers"** of the Indian healthcare award, India, March 2008
- Awarded the **"Honorary Fellowship"** of the Royal College of Obstetrics & Gynecology (**RCOG**), London, UK, November 2008
- Awarded the prestigious **"MOGS- Dr. Saroj Desai Excellence Award"** for the year 2007-8 by the Mumbai Obstetrics & Gynecological Society. (**MOGS**) - 2008
- **MOGS- Dr Ganatra Charitable Medical Centre Award for Contribution to Women's Health** by The Mumbai Obstetric & Gynecological Society (**MOGS**). 2003

## ACADEMIC ACIEVEMENTS

### *Professorship*

- **Honorary Professor** of Obstetrics & Gynecology at Grant Medical College, Mumbai.
- **Postgraduate Guide** for Diplomate of National Board (**DNB**) of studies at:
  - Sir Harkisondas Hospital in Obstetrics & Gynaecology.
  - Jaslok Hospital and Research Center.

### *Prominent Orations & Keynote lectures:*

- "Power of One" – **FOGSI Oration**, awarded by the 51<sup>st</sup> All India Congress of Obstetrics and Gynecology, (**AICOG**), January 2008, **New Delhi**.
- "Overcoming Cultural and Religious Discrimination- the ascent of the woman" **"Henry Burger Oration"** awarded by the Asia Menopause Federation (**AMF**), September 2010, **Sydney Australia**.
- "An Inconvenient Truth" **"AICOG oration**, awarded by the 53<sup>rd</sup> All India Congress of Obstetrics and Gynecology, (**AICOG**) March 2010, Ahmedabad
- "An Inconvenient Truth" **MOGS oration**, awarded by the Mumbai Obstetrics & Gynecological Society, February 2010, Mumbai
- "Beyond 50- a cloud or a silver lining" - **"Keynote Lecture"**, awarded by the American Society for Reproductive Medicine (**ASRM**), October 2011, **Orlando, USA**
- "The Magic of the Polycystic Ovary – from infertility to fertility" **"POGS Oration"**, awarded by the Pune Obstetric & Gynecological Society April 2012, **Pune**

- “PCOS and Hyperandrogenemia in Adolescence” **“All India Congress Oration”** awarded by the Nagpur Obstetrics & Gynecological Society **(NOGS)** April 2012, **Nagpur**.
- “Current recommendations for hormone therapy” **Keynote Lecture**, awarded by the Mumbai Obstetric & Gynecological Society **(MOGS)** January 2012, **Mumbai**
- “Premature Menopause & Quality of life” **Dr. S.N Mukharjee Oration** awarded by the Indian Menopause Society, Nagpur Chapter, September 2012, **Nagpur. (NARCHI-ICMCH)**
- “Advances in Female Infertility Management” **Mrs. Indumati C. Jhaveri Oration**, awarded by the Bombay “C” Ward Medical Association & Bombay Medical Union – February 2013, **Mumbai**.
- “The Ascent of the Woman” **ICOG- C.S. Dawn oration**, awarded by the 37<sup>th</sup> AOGO Annual Conference 17<sup>th</sup> March 2013, **Cuttack**.
- "The Ascent of a Woman" **19<sup>th</sup> Dr. Bamandas Mukerjee Memorial Foundation Day Oration**. July 25<sup>th</sup> 2014, **Kolkata**.
- “Premature Ovarian Failure” - **Dr. C. Ambuja Oration**, awarded by the IMS Hyderabad, April 2015, **Hyderabad**.
- “Ovarian reserve testing – should it be universal?” **NMOGS, Keynote address**, 30<sup>th</sup> August, 2015, **Nagpur**
- “Hydrosalpinx & Fertility” – **MOGS Key note Address**- December, 2015, **Mumbai**
- “The End of Sex and the future of Human Reproduction”, **ISAR oration**, awarded by 22<sup>nd</sup> Annual Congress of ISAR 2017, April 2017, **Gurugram, Delhi**.
- "A fascinating story with no end....." **Dr. Nandita Palshetkar Oration**, awarded by the 23<sup>rd</sup> Annual Congress of ISAR 2018, April, 2018, **Kolkata**.
- “The Priceless Revolution” **Oration – RCOG World Congress 2019**, June, 2019, **London**.
- “Practical Management of Premature Ovarian Insufficiency” **16<sup>th</sup> World Congress on Menopause**, June 2018, **Vancouver**
- “PCOS and Covid 19- A Lethal Cocktail” **IMS Oration**, June 26<sup>th</sup>, 2021
- “Recurrent Implantation Failure in PCOS” **Challenges In The Management of PCOS Conference Oration** July 25<sup>th</sup>, 2021

### **Convenor**

- **“Workshops on Infertility”** at the Fertility Clinic of Gynaecworld, accredited by **FOGSI**.
- **Fellowships** for 6 months in **Reproductive Medicine** at Gynaecworld, accredited by **ICOG**.
- **“FOGSI-ICOG Ethical Skills Course”** in collaboration with **Ethicon Institute of Surgical Education (EISE)** an educational course to upgrade the surgical skills of Post Graduate students of Obs. & Gyn., 2006 -2011
- **“FOGSI-ICOG Satellite School”**- in collaboration with **Indian Space Research Organization (ISRO)** a refresher course for postgraduate students in medical colleges across the country through Satellite., 2006 -2009

- Convenor of **FOGSI- ICOG Satellite School** a Satellite based educational program in collaboration with the Indian Space Research Organization (ISRO) for distance learning, for post graduate students and practicing clinicians in Obs. & Gyn.- 2010 - 2011
- **Director “E-Tutorials”** a web based educational program for post graduate students, 2012
- **Convenor, Violence against Women Cell, FOGSI**, 2016 -2019
- **Convenor of Digital Education** through Online Slide kits, Video Lectures, Webinars, Conferences, Online Quiz, for various Organizations which included FOGSI, ICOG, IMS-India, IMS-International, ISAR, PCOS Society.

#### ***Created Collaborative Exchange Programs Between:***

- IMS- India and British Menopause Society (**BMS**)
- FOGSI with the Royal College of Obstetricians & Gynecologists (**RCOG**).
- FOGSI & Family Planning Association of India (**FPAI**)
- PCOS Abhiyan: a collaboration between Kasturba Health Society- Medical Research Centre, The PCOS Society (India), National Institute for Research in Reproductive Health (**NIRRH**)&Tata Institute of Social Sciences(**TISS**)

#### ***International Publications***

1. **Shah D, Shroff S “Chlamydial, infections in Obstetrics & Gynaecology” – International journal OnSafe Motherhood** 1998; 2:119-126
2. **Shah D, Shroff S, ShethS. “Reproductive and sexual health and safe motherhood in the developing world” - The European Journal of Contraception and Reproductive Health Care** 1999; 4: 217-228. <https://www.researchgate.net/publication/12501050>
3. **.Shah D “HIV in pregnancy in the city of Bombay” – British Journal of Obstetrics & Gynaecology** 1999; 42:112-117. [https://www.bhj.org.in/journal/2000\\_4201\\_jan00/original\\_112.htm](https://www.bhj.org.in/journal/2000_4201_jan00/original_112.htm)
4. **Shah D, Shroff S, Ganlak “Factors affecting perinatal mortality in India” – the FOGSI Perinatal Mortality Study ,International Journal of Gynaecology & Obstetrics** 2000;5: 288-302. [10.1016/S0020-7292\(00\)00215-0](https://doi.org/10.1016/S0020-7292(00)00215-0)
5. **Shah D, Singh S. “Age & Infertility” - International Journal of Gynaecology & Obstetrics** 2002; 3: 90-96
6. **Shah D “Biphasic versus triphasic OCP’s for contraception” commentary on the Cochrane review published in the Cochrane library.** October 2005
7. **Shah D “Biphasic versus triphasic OCP’s for contraception” commentary on the Cochrane review published in the Cochrane library.** October 2005
8. **Shah D. “Endometriosis&Infertility” abstract submitted for the XIXth Asian-Oceanic**

9. **Shah D, “Psychological Morbidity & Gynecological Conditions”**, abstract for the XVIII FIGO World Congress of Gynecology & Obstetrics Kuala Lumpur November 2006

10. D Tan, S Darmasetiawan, C J Haines, K-E Huang, U Jaisamram, K Klimpaphyom, S Q Lin, Y S Ling T N P Nguyen, K-H Park, **D Shah**, R Subramaniam, N Taechakraichana, S M Xing  
**“Guidelines for hormone replacement therapy of Asian women during the menopausal transition and thereafter”** *Climacteric* 2006;9:146-151.  
<https://www.tandfonline.com/doi/abs/10.1080/13697130600655852>

11. **Shah D. Patel S. “Hirsutism”**, *Gynecol Endocrinol*; 2009 Mar;25 (3):140-8

12. **Shah D, “Overcoming Cultural and Religious Discrimination- the ascent of the woman”**  
*Climacteric*, June 2011. 14: 333-338  
<https://www.tandfonline.com/doi/abs/10.3109/13697137.2010.548567?journalCode=icmt20>

13. **Shah D, Ray S. “Intrauterine Contraception- Scope and Limitations”** for the International Journal of Obstetrics & Gynaecology. Vol. 14 Number 5, September – October 2011,

14. S. R. Davis , C. Castelo-Branco, P. Chedraui , M. A. Lumsden, R. E. Nappi, **D. Shah** and P. Villaseca **“Understanding weight gain at menopause”** *Climacteric*, October 2012, 15: 419 -29. <https://www.tandfonline.com/doi/full/10.3109/13697137.2012.707385>

15 Tanna N, **Shah D**, Pitkin J. **“Urinary Incontinence in breast cancer women in India – a problem”**. 9th European Congress on Menopause and Andropause Maturitas 2012, 71, Suppl 1: S74-5. [https://www.maturitas.org/article/S0378-5122\(12\)70311-0/pdf](https://www.maturitas.org/article/S0378-5122(12)70311-0/pdf)

16. **Shah D, “Inequality in female healthcare in India- how can it be corrected?”** *Maturitas* October 2012. 73, (2) : 83-84 [https://www.maturitas.org/article/S0378-5122\(12\)00202-2/fulltext](https://www.maturitas.org/article/S0378-5122(12)00202-2/fulltext)

17. **Shah D, “Post Menopausal Endometriosis – a new dimension”**, Menopause Live, International Menopause Society July 30, 2012.  
[https://www.imsociety.org/menopause\\_live\\_details.php?cid=leHBKzm8tJx7Fyu01AEvmncQT4wgzTQ75YvrHow3s8I](https://www.imsociety.org/menopause_live_details.php?cid=leHBKzm8tJx7Fyu01AEvmncQT4wgzTQ75YvrHow3s8I)

18. **Shah D. “Oncology in midlife and beyond”** *Climacteric*, 2013;16:522–535  
<https://doi.org/10.3109/13697137.2013.823539>

19. E. Stefanopoulou , **D. Shah** , R. Shah , P. Gupta , D. W. Sturdee , M. S. Hunter  
**“An International Menopause Society study of Climate, Altitude, Temperature (IMS-CAT) and vasomotor symptoms in urban Indian regions.** *Climacteric* 2013;16:1–8  
<https://doi.org/10.3109/13697137.2013.852169>

20. **Shah D**, “Premature menopause – Meeting the needs” Post Reproductive Health 2014, 20: 62-68. <https://doi.org/10.1177/2053369114531909>
  
21. **Shah D**, S. Bansal, “Polycystic ovaries – beyond menopause”, Climacteric 2014, 17: 109–115 <https://doi.org/10.3109/13697137.2013.828687>
  
22. **Shah D**, BansalShefali"Polycystic ovaries- beyond menopause" Climacteric, 2014;17:109–115 <https://www.tandfonline.com/doi/abs/10.3109/13697137.2013.828687>
  
23. **Shah D**, “Online Education ..... Should we take it seriously?” Climacteric, 2016, 19: 3–6. <http://dx.doi.org/10.3109/13697137.2015.1115314>.
  
24. **Shah D**, Sabahat Rasool “PCOS and Metabolic Syndrome: The Worrisome Twosome?” Climacteric, 2016, 19: 7-19  
<https://www.tandfonline.com/doi/full/10.3109/13697137.2015.1116505>
  
25. N. Tanna, **D. Shah**, J. Pitkin “Support for menopause symptoms in Indian women with breast cancer”. 9th European Congress on Menopause and Andropause. Maturitas 71, 2012: Suppl 1: S33.  
[https://www.maturitas.org/article/S0378-5122\(12\)70135-4/fulltext](https://www.maturitas.org/article/S0378-5122(12)70135-4/fulltext)
  
26. **Shah D**, Sabahat Rasool, “PCOS and Metabolic Syndrome: The Worrisome Twosome? Climacteric.2016;19: 7-16. <https://doi.org/10.3109/13697137.2015.1116505>
  
27. **Shah D**, Sabahat Rasool, Dr. Nagadeepti Nagarajan, “Surrogacy in India- The Good, the Bad and the Ugly”, Assisted Reproductive Technologies in the Global South and North: Issues, Challenges and the Future, 2016, 103-112
  
28. Sabahat Rasool\* and **Duru Shah** “Fertility with early reduction of ovarian reserve: the last straw that breaks the Camel’s back” Research and Practice Oct. 2017; 3:15  
<https://fertilityresearchandpractice.biomedcentral.com/track/pdf/10.1186/s40738-017-0041-1>
  
29. **Shah D.**, “Early reduction of ovarian reserve – How should we empower them with fertility?” Maturitas June 2017, Vol. 10: 159. [https://www.maturitas.org/article/S0378-5122\(17\)30291-8/fulltext](https://www.maturitas.org/article/S0378-5122(17)30291-8/fulltext)
  
30. Helena J. Teede, Michael F. Costello, Anuja Dokras, Joop Laven, Terhi Piltonen, Robert. J. Norman, **Duru Shah** “International evidence-based guideline for the assessment and management of Polycystic ovary syndrome” 2018”, Volume 110, Issue 3, 364–379  
<https://doi.org/10.1016/j.fertnstert.2018.05.004>
  
31. S. Rasool, **Duru Shah** “ The futile case of the aging ovary: is it mission impossible? A focused Review” Climacteric, 2018, 21: 22-28 <https://doi.org/10.1080/13697137.2017.1410784>
  
32. Dokras A, Stener-Victorin E, Yildiz BO, Li R, Ottey S, **Shah D**, Epperson N, Teede H..  
**Androgen Excess- Polycystic Ovary Syndrome Society: position statement on depression,**

**anxiety, quality of life, and eating disorders in polycystic ovary syndrome.**

Fertility and Sterility, 2018, 109, 5:888-89. [https://www.fertstert.org/article/S0015-0282\(18\)30064-5/fulltext](https://www.fertstert.org/article/S0015-0282(18)30064-5/fulltext)

33. Neogi SB, Devasenapathy N, Singh R, Bhushan H, **Shah D**, Divakar H, Zodpey S, Malik S, Nanda S, Mittal P, Batra A, Chauhan MB, Yadav S, Dongre H, Saluja S, Malhotra V, Gupta A, Sangwan R, Radhika AG, Singh A, Bhaskaran S, Kotru M, Sikka M, Agarwal S, Francis P, Mwingak K, BaswalD. **“Safety and effectiveness of intravenous iron sucrose versus standard oral iron therapy in pregnant women with moderate – to – severe anaemia in India: a multicenter, open-label, phase 3, randomized, control trial”**. Lancet Glob Health 2019; 7: e1706-16. Vol 7 December 2019. [www.thelancet.com/lancetgh Vol 7 December 2019](http://www.thelancet.com/lancetgh Vol 7 December 2019)
34. Teede H, Misso M, Tassone EC, Dewailly D, Ng EH, Azziz R, Norman RJ, Andersen M, Franks S, Hoeger K, Hutchison S, Oberfield S, **Shah D**, Hohmann F, Ottey S, Dabadghao P, Laven JSE. **“Anti-Müllerian Hormone in PCOS: A Review Informing International Guidelines”** Trends in Endocrinology & Metabolism, July 2019, 30 (7), 467-478. <https://www.sciencedirect.com/science/article/abs/pii/S1043276019300682>
35. **Shah D. Women’s rights in Asia and elsewhere – a fact or an illusion?** Climacteric, June 2019, 3:283-288, <https://doi.org/10.1080/13697137.2019.1574739>
36. Shah D, Madhuri Patil, **“Infertility Management in Lean Versus Obese PCOS”** Impact of Polycystic Ovary, Metabolic Syndrome and Obesity on Women Health. Volume 8: Frontier in Gynecological Endocrinology, 2021. <https://link.springer.com/book/10.1007/978-3-030-63650-0>
37. Shah D., S. Rasool, **“Ethnicity in polycystic ovary syndrome”**, Published online 02 December, 2022 Climacteric <https://doi.org/10.1080/13697137.2022.2144211>
38. Helena J Teede<sup>1</sup>, Chau Thien Tay Joop J E Laven, Anuja Dokras, Lisa J Moran, Terhi T Piltonen, Michael F Costello, Jacky Boivin, Leanne M Redman, Jacqueline A Boyle, Robert J Norman, Aya Mousa, Anju E Joham, **Duru Shah “ International evidence-based guideline for the assessment and management of Polycystic ovary syndrome” 2023”**, [https://www.pcosindia.org/become\\_a\\_quiz\\_member.php](https://www.pcosindia.org/become_a_quiz_member.php)
39. Duru Shah, Vishesha Yadav, Uday Pratap Singh, Abhik Sinha, Neha Dumka, Rupsa Banerjee, Rashmi Shah, Jyoti Unni, Venugopala Rao Manneni, **“Prevalence of non-communicable chronic diseases in rural India amongst peri- and post-menopausal women: Can artificial intelligence help in early identification?”** Maturitas, <https://doi.org/10.1016/j.maturitas.2024.108029>

#### **National Publications:**

1. **Shah D**, Gogate S, Vaidya R, Gogate A, Pai RE, Kumkhat S, Jaguste V, Nanivadekar AS, **“A Multicentre Study of Efficacy and Toleration of Doxycycline Monohydrate in Mucopurulent Cervicitis” – Indian Journal of Clinical Practice** 1997: 34, 63-64

2. **Shah D, Wani R “Pelvic Pain – A Woman’s Agony” – *Journal of General Medicine* Vol 11 No.1; 1998: 43-50**
3. **Shah D Ovarian Cyst “Laparoscopic Survey”- *Journal of General Medicine* 1998: 5-9**
4. **Shah D, Agrawal S, “Polycystic Ovarian Syndrome in the Adolescent Girl” – *Journal of Obstetrics & Gynaecology of India* 1999: 12-17**
5. **Shah D “Menopause: “The Choice Years” – *Proceedings of the Annual Scientific Conference Indian Medical Association* 1999: 20-26**
6. **Shah D, Phadke A “Menopause & Osteoporosis” – *Journal Biomed Update* 1999: 14-19**
7. **Shah D “Cosmetic problems in the adolescent girl” – Mehroo Hansotia editor. The Federation of Obstetric and Gynaecological Societies of India 1999: 72-79**
8. **Shah D Shroff S, Ganla K “HIV in pregnancy in the city of Bombay” – *Bombay Hospital Journal* 2000: 112-116**
9. **Shah D, Shroff S. “Complications of Laparoscopic Gynecological Surgery” – Review *ObstetGynecol* Ind. Vol 53; 2002: 37-44**
10. **Shah D, Shroff S Jankharia B, Parihar A “Effects of Calcitriol [Rocaltrol] on spine and femoral neck bone mineral density in postmenopausal osteoporosis” – *Bombay Hospital Journal* Vol 44, No.2 2002: 236-241**
11. **Shah D, Singh S “Role of HRT in reducing the coronary risk in women” *Bombay Hospital Journal Issue Vol III: Coronary Risk Factors* 2003: 75-82**
12. **Shah D, Shroff S “Adolescent Gynaecology: Coping with the changes of puberty Sandoz Life” *Women’s Health Journal*, Vol III, 2005: 4-9**
13. **Shah D, Agrawal S, “A Double-blind, Randomized, Placebo Controlled Trial to Evaluate the Efficacy of a Phytoestrogen Formulation on Indian Women with Menopausal Symptoms” *Bombay Hospital Journal*, July 2006, Volume 48 No. 03**
14. **Shah D, Patel S “Polycystic Ovarian Syndrome as a cause of Recurrent Pregnancy Loss” – *J ObstetGynecol India* 2007 Vol 57 (5) 391-397**
15. **Shah D, Navneet Magon et.al. *Journal of Midlife Health*: “The first bibliometric analysis”. Jul-Dec 2012, Vol. 3. Issue 2.**
16. **Shah D, Nagadeepti Nagarajan *Indian Journal of Endocrinology and Metabolism* “Luteal insufficiency in first trimester” January-February 2013, Vol. 17 Issue 1**

17. **Shah D, ShilpaPuthran**“**Diagnosis of Hyperinsulinemia in normoglycemic healthy Indian Population- Developing Ethnic Reference Ranges**”manuscript. Indian Journal of Endocrinology and MetabolismMay 2014, Vol.62.
18. **Shah D, “Premature menopause- Meeting the needs”** – Post Reproductive Health journal 2014, Vol. 20(2) 62-68
19. **Shah D, “In Vitro Fertilization techniques”** AFG times 2014, issue 11 & 12
20. **Shah D. “Postmenopausal endometriosis: An enigma revisited”** Journal of Human Reproductive Sciences, November 2014, [10.4103/0976-7800.145189](https://doi.org/10.4103/0976-7800.145189)
21. **Shah D. “Fertility at Midlife”**Journal of Human Reproductive Sciences,September 28, 2016, IP: 41.162.78.170
22. **Shah D. “Menopausal Hormone Therapy, can we safely use it inwomen with co-morbidities?**Journal of Human Reproductive Sciences,September 28, 2016, IP: 195.240.6.86
23. **Shah D. “Expanding IVF treatment in India..... need of the day!”**Journal of Human Reproductive Sciences2017;10:69-70.
24. **Shah D, et.al. “Consensus Statement on the Use of Oral Contraceptive Pills in Polycystic Ovarian Syndrome Women in India”**,Journal of Human Reproductive Sciences2018;11:96-118.
25. **Shah D.,PatilM. “Fertility Treatment in Couples with Seropositivity for HumanImmunodeficiency Virus: Ethics Opinion”**Journal of Human Reproductive Sciences, 2018, IP: 120.61.163.219, <http://www.jhrsonline.org>
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30. **Shah D**, Sabahat Rasool, Chapter on “**Pregnancy and Gynecological Infections**” published in the book entitled “MCQ’s in Infectious Diseases for DM Students” 2021
31. Shah D, **Should Women with PCOS be prioritized to receive the Covid Vaccine?** Journal of Human Reproductive Sciences, 2021.
32. **Shah D**, Sudeshna Ray, **Medical and Surgical Management of Pain in Endometriosis**, Current Practice in Obstetrics & Gynecology-3 Endometriosis, ISBN: 9789356961562, Publisher: Jaypee Brothers Medical Publishers (P) Ltd.
33. Sabahat Rasool , **Duru Shah**, Omar Salim Akhtar Impact of Body Mass Index (BMI) and Age on In Vitro Fertilization (IVF) Outcome in Indian Patients with Polycystic Ovary Syndrome (PCOS) Fertility & Reproduction, Volume 6 , Number 2, June 2024, 1–5
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35. **Shah, Duru**, Harjani, Raj, Yadav Vishesha, “Semen Washing and Intrauterine Insemination for Reducing the Risk of Human Immunodeficiency Virus Transmission in Serodiscordant Couples: A Cross-sectional Study. *Journal of Human Reproductive Sciences* ( ):10.4103/jhrs.jhrs\_11\_24, May 28, 2024. | DOI: 10.4103/jhrs.jhrs\_11\_24

#### Editorial Responsibilities:

- Editor in chief, of the “**Journal of Mid-life Health**” of the Indian Menopause Society, 2012-2014.
- “**Post Reproductive Health**” Journal of the British Menopause Society, London, 2008 -2016
- “**Climacteric**” – the Journal of the International Menopause Society, 2010 onwards
- “**The Obstetrician & Gynecologist**”, the Journal of the Royal College of Obstetricians and Gynaecologists (RCOG) London, 2006 onwards.
- **The Journal of Human Reproductive Sciences (JRHS)**, the Journal of the Indian Society for Assisted Reproduction 2017 onwards.
- Editorial Board of “**Gynecological and Reproductive Endocrinology and Metabolism**”, of the International Society of Gynaecological Endocrinology (ISGE)

#### Chapters in Books: International

1. **Shah D. "Hormone Replacement Therapy in a Risk Benefit Perspective":**ChanderPuri Paul Van Look Editors- Sexual & Reproductive Health – Recent Advances Furture Directions 2001; 2: 435-441.
2. **Shah D, Shroff S. "Ovarian volume in infertility management"** Proceedings of the -7<sup>th</sup> *International Congress on Assisted reproduction Technology & Advances in Infertility* 2001; **2**: 109-113

### **Chapters in Books: National**

1. **Shah D "Problems of AIDS in India"**Usha Krishna, BanooCoyaji, K BhaskerRao, K S Raghavan Editors.*Safe Motherhood*The Federation of Obstetric and Gynaecological Societies of India) 1990: 161-165
2. **Shah D "Assisted Reproductive technology in Endometriosis"** – In UshaSaraiyaeditor.*New Frontiers in Obstetrics and Gynaecology* (The Federation of Obstetric and Gynaecological Society of India) 1994: 75-87
3. **Shah D "Laparoscopic surgery for endometriosis"** In. FOGSI Endoscopy - *The Federation of Obstetric & Gynecological Societies of India*1995: 10-15
4. **Shah D "The Emerging Role of Chlamydial Infections in Infertility"**In.VasantPatwardhan, D K Tank, Deepak Dave, UshaSaraiyaEditors.– *Frontiers in Obstetrics & Gynaecology* The Federation OfObstetric and Gynaecological Societies of India 1995: 76-81
5. **Shah D "Medical Treatment of Endometriosis"** Sadhana Desai, GautamAllahbadiaEditors. *Infertility & Transvaginal Sonography*The Federation of Obstetrics and Gynaecological Societies of India 1995: 66-69
- 6.**Shah D, Ganla K, Shroff S "Perinatal audit"** RL Tambyraja Max MongelliEditors.-*Book on Low Birth Weight Baby* Orient Longman 1996: 168-183
- 7.**Shah D "Transvaginal Ultrasound for abortions and anomalies in the First Trimester"**Sadhana Desai, GautamAllahbadia Editors. *Progress in Infertility & Transvaginal Sonography*; CBS Publishers, 1996: 11-17
8. **Shah D Saraiya S "Hormone Replacement Therapy & Cancer"**Usha Krishna NozerSheriareditors.*Book on Menopause*Orient Longman 1996: 81-89
- 9 **Shah D. "Santamaria A Ethical & Medico-Legal Aspects of AIDS"**PregnancyIn Gita MukerjeeRustomSoonawalaEditors. – *Medico Legal Aspects of Obstetrics & Gynaecology*The Federation of Obstetric and Gynaecological Societies of India 1997: 76-79

10. **Shah D, Santamaria A “Luteal phase defect and early pregnancy loss”** Usha Krishna, D K Tank, Shirish Daftary, Editors. 3<sup>rd</sup> Edition - *Pregnancy at Risk Current Concepts* The Federation of Obstetric and Gynaecological Societies of India 1997: 9-15
11. **Shah D, “Luteal phase defect and early pregnancy wastage”** – Vandana Walvekar, M J Jassawala Editors. *Reproductive Endocrinology – a clinical Approach*, The Federation of Obstetric and Gynaecological Societies of India 1998: 11-15
12. **Shah D. “An Introduction to genetics & Fetal Medicine”** Kamini Rao editor. The Federation of Obstetric and Gynaecological Societies of India 1998: 130-136
13. **Shah D, Shroff S, - “HIV Infection in Women and Children”** Gynecological Aspects of HIV – Rashid Merchant Kaizad Damania Editors. The Federation of Obstetric and Gynaecological Societies of India 1999: 82-95
14. **Shah D. “The Emerging Role of Chlamydial Infections in Infertility”** In. D K Tank, Usha Saraiya, M K Patel, Shyam Desai Editors. – *Frontiers in Obstetrics & Gynaecology-2<sup>nd</sup> edition*; The Federation of Obstetric and Gynaecological Societies of India 1999: 87-94
15. **Shah D Shroff S. “Red Cell Isoimmunization & Fetal Hemolytic Disease”** Pankaj Desai, Purvi Patel Editors. *Medical Disorders in Pregnancy* The Federation of Obstetric and Gynaecological Societies of India 2000: 77-97
16. **Shah D “Menstrual Dysfunction”** In. Usha Krishna Vinita Salvi Editors. *Adolescence* Orient Longman 2000: 98-118
17. **Shah D, Patel S. “Phytoestrogens”** - *FOGSI Focus* - The Federation of Obstetric & Gynecological Society of India (FOGSI) 2000: 52-59
18. **Shah D “Contraception and areas of Research”** Alokendu Chatterjee Sudip Chakravorty Partha Mukherjee Editors. *Women’s Health Modern Graphics*, 2000: 63-76
19. **Shah D, Shroff S, “Ovarian volume in infertility management”** – In. M L Goenka, Deepak Goenka Editors. *Recent Advances in Infertility Management* 2001: 167-17
20. **Shah D, Shroff S “Chlamydial Infections in Obstetrics & Gynaecology”** S. Dasgupta Editor. *Recent Advances in Obstetrics and Gynaecology* The Federation of Obstetric and Gynaecological Societies of India 2001: 162-187
21. **Shah D Patel S. “Polycystic ovarian syndrome & ovulation induction”** Kiran Shekhar Editor. *Optimizing IVF Results* The Federation of Obstetric and Gynaecological Societies of India 2002: 184-195
22. **Shah D, Agrawal S “Ovum pickup”** – Mehroo Hansotia, Sadhana Desai, Madakini Parihar Editors. *Advanced Infertility Management* The Federation of Obstetric and Gynaecological

Societies of India 2002. 218-229

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24. **Shah D, Agrawal S. "Preventing Infertility"** Duru Shah, GautamAllahbadiaEditors.*Practical Infertility Management* Orient Longman 2002. 198-209
25. Allahbadia G, **Shah D. "New Frontiers in Reproductive Medicine"** - Duru Shah, GautamAllahbadia Editors. *Practical Infertility Management* Orient Longman 2002: 210-219
26. **Shah D. "Laparoscopic electrocauterisation of ovarian surface (LEOS)"** –Shyam Desai Kurien Joseph editors.–*Gynecological Endoscopic Surgery – Current Concepts*.The Federation of Obstetric and Gynaecological Societies of India 2002: 81-88
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28. **Shah D, Wani R. "Prophylaxis of Rhesus-Alloimmunization"**In. Duru Shah, Vinita Salvi Editors.The Rhesus Factor– *Current Concepts*. The Federation of Obstetric and Gynaecological Societies of India 2002: 23-40
29. **Shah D, Patel S "Pregnancy Support: Myths & Misconceptions"**HemaDivakar, Duru Shah Editors. *The First Trimester*The Federation of Obstetric and Gynaecological Societies of India. 2002: 12-17
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31. **Shah D, Patel S, "Luteal phase deficiency in Infertility & ART"**InPrakash Trivedi Editor. *Reaching beyond the boundaries of Endoscopic Surgery & Infertility Management* 2003: 167-175
32. **Shah D AgrawalS "Luteal phase deficiency in Infertility"**KanthiBansal Editor. *Practical approach to Infertility management*The Federation of Obstetric and Gynaecological Societies of India 2003: 374-390
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34. **Shah D, Chauhan AR "Anatomy, physiology & reproductive endocrinology in the female & male"** KanthiBansal Editor. *Practical approach to Infertility Management* The Federation of

35. Bhathena RK, **Shah D. "Superovulation Strategies in Assisted Conception"** KaminiRao Editor. *The Infertility Manual* The Federation of Obstetric and Gynaecological Societies of India 2003: 285-290
36. **Shah D "Hormone Replacement Therapy & Breast Cancer Risk"** – Usha Krishna NozerSheriarEditors. *Menopause* Orient Longman 2003: 52-65
37. **Shah D, Shroff S. "New approach in management of rhesus alloimmunization"** UshaSaraiyaKaminiRaoAlokenduChatterjee Editors. *Principles and Practice of Obst&Gyn for Postgraduates*, The Federation of Obstetric and Gynaecological Societies of India 2003: 137-147
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43. **Shah D, Patel S "Embryo Transfer Techniques"** – Proceedings of *All India Congress of Obstetrics & Gynaecology* (AICOG) 2005
44. **Shah D, Shroff S "Laparoscopic Electrocauterisation of Ovarian Surface (LEOS)"** Rajesh Modi Editor. *Gynecological surgery, Current Concepts 2<sup>nd</sup> edition* March 2005
45. **Shah D, Shroff S "Rhesus Isoimmunization& Fetal Hemolytic Syndrome"** Published for FOGSI publication "Medical Disorders in Pregnancy" March 2005- 77-97
46. **Shah D, Patel S "PCOS an Enigma - Millennium Update 2005" on USG & ART related to Gynecology"** for Nadkarni Hospital & Test Tube Baby Center PurnimaNadkarni editor; August 2005

47. **Shah D, Patel S** “**Special Clinic For Adolescent Girls In Private Practice**” *text book of Adolescent Medicine*, Swati Bhav Editor September 2005
48. **Shah D, Chaudhari K** “**Infertility & Fibroids**” in Suchitra Pandit, Ranjit Akolekar, Sanjay Rao Editors; September 2005.
49. **Shah D, Ganla K, Ingale K**, “**Role of LH in follicle Selection, Growth Infertility & Miscarriage**” Dr Goenka’s book for Institute of Human Reproduction Deepak Goenka, Editor; September 2005
50. **Shah D, Agrawal A** “**Importance of Adolescent Education for Contraception Today**” Dr Mandakini Parihar. Dr. Ashwini Bhalerao Gandhi-*Contraception. Past Present and Future* 2006 326-340;
51. **Shah D** “**Embryo Transfer – optimizing results**” *International Congress on Infertility* 2006 Pune
52. **Shah D, Patel S**. “**Polycystic Ovarian Syndrome as a cause of recurrent Pregnancy Loss**” Mala Arora, Prof. Justin Konje Editors. International edition of book on "Recurrent Pregnancy Loss" - March 2006.
53. **Shah D**, “**Youth Friendly Services**” – Proceedings of the 21<sup>ST</sup> Annual Conference of AICOG RCOG, Kolkatta – March 2006
54. **Shah D, Divakar H, Meghal T**, “**Combating Post-Partum Hemorrhage in India – Moving Forward**” – In Christopher B-Lynch, Louis Keith, Andre Lalonde, Mahantesh Karashi Editors - Post Partum Hemorrhage FIGO Edition April 2006 434-441
55. **Shah D, Shroff S**, “**RH Negative & Problems**” Parimala Devi Editor, textbook of obstetrics for Undergraduates for textbook of obstetrics for UGS” May 2006
56. **Shah D, Patel S** “**Luteal Phase Deficiency In Infertility & Art**” Sushma Deshmukh, Editor, “Infertility made easy” September 2006
57. **Shah D, Wani R**, “**PCOS in adolescents and young girls**”, Ashwini Bhalerao, Swati Bhav, Editors, Adolescent Gynecology and ARSH October 2006
58. **Shah D, Agrawal S**, “**The Distress & De-stress of Infertility**” Proceedings of XVIII FIGO World Congress of Gynecology & Obstetrics Kuala Lumpur November 2006
59. **Shah D, Patel S** “**Use Of Oral Contraceptives In Women With Medical Disorders**” Alka Pandey, Editor, Latest developments in Obgyn. released at FOGSI January 2007
60. **Shah D, Agrawal S, Katak P**, “**HIV In Pregnancy Women’s Health-Gen Next**” Gita Ganguly Mukherjee, Editor *Current Obstetrics & Gynecology* January 2007 101-109

61. **Shah D**, Agrawal, S **“Isoflavones and Symptoms of Menopause”** Behram Anklesaria, Editor Modern Management of Menopause with Isoflavones Raptakos, Brett & Co. - May 2007 10-15;
62. **Shah D**, Gururaja S, **“Case Scenarios in Adolescent Gynecology, Sexual Abuse, Rape, Molestation”**, Ashwini Bhalerao, Swati Bhawe, Editors, *Case Scenarios in Adolescent Gynecology* Orient Longman May 2007
63. **Shah D**, Patel S **“Ovarian Hyperstimulation Syndrome in early pregnancy”**, Manjugita Mishra editor, *“Book on Critical Obstetrical Care”* June 2007
64. **Shah D**, Patel S. **“Special Clinic for Adolescent girls in private practice”** Swati Bhawe Editor, Jaypee Publishers text book of adolescent medicine 2<sup>nd</sup> edition August 2007
65. **Shah D**, Patel S **“Hyperemesis Gravidarum”** Alokendu Chatterjee, Editor, 2nd edition of *“Essentials of Obstetrics”* September 2007
66. **Shah D**, Patel S, Shroff S **“Laparoscopic Electrocauterisation Of Ovarian Surface (LEOS)”** Narendra Malhotra Editor Jaypee Publisher Manual of Operative Obstetrics & Gynecology September 2007
67. **Shah D**, Patel S **“Medicolegal Aspects in Assisted Reproduction Technology (ART)”** Gita Ganguly Mukherjee, Narendra Malhotra, Editors, 2<sup>nd</sup> edition of Medico legal Aspects of Obgyn, September 2007
68. **Shah D**, Shroff S, Jain S **“New Approach to Management of Rhesus Allo-Immunization”**, Narendra Malhotra, Pankaj Desai, Duru Shah Editors, - 3<sup>rd</sup> edition - Principles & Practice of Obstetrics & Gynecology for Postgraduates Jaypee Brothers – A FOGSI Publication - October 2007
69. **Shah D**, Patel S. **“Polycystic Ovarian Syndrome as a cause of Recurrent Pregnancy loss”** *Jobstet Gynecol India* Vol. 57, No. 5: September / October 2007 ,391- 397
70. **Shah D**, Patel S **“Treatment of Hirsutism”** Prof Genazzani Editor Gyn Endocrinology Book – March 2008.
71. **Shah D**, Gururaja S, **“Cases on adolescents and clinical case scenarios”** Swati Bhawe Editor - book on adolescent case scenarios in office practice -Orient Longman – May 2008
72. **Shah D**, Patel S **“Superovulation Strategies in Assisted Conception”** Dr. Kamini Rao Editor 3<sup>rd</sup> Edition of *“The Infertility Manual”* – June 2008
73. **Shah D**, Patel S. **“Superovulation Strategies in Assisted Conception”** Dr Kamini Rao Editor 3<sup>rd</sup> Edition of *“The Infertility Manual”* – June 2008
74. **Shah D**, Patel S **“Hirsutism”** *Gynecological Endocrinology* January 2009, Vol. 25,

75. **Shah D, Patel S. "Polycystic Ovarian Syndrome & Adolescence"** - The Journal of General Medicine – September 2009
76. **Shah D, Patel S. "Surrogacy"** Dr. Usha Krishna editor 5<sup>th</sup> edition of "Pregnancy at Risk", June 2009
78. **Shah D, Ray S. "Medical and surgical management of pain in endometriosis"** Vol. 3 of "The series current practice in Obstetrics & Gynecology" - September 2009
79. **Shah D. "Sexual Abuse"** Gynecological Manual on Adolescent Girls and Young Women, Editors Duru Shah, GururajaSita, 2009 (Chapter 39)
80. **Shah D, Agrawal S. "Vasomotor Symptoms: Viewpoint from the Indian Subcontinent and Management of a Common Menopausal Problem"** in Seminars in Reproductive Medicine, Vol 28 Number 5, 2010 Thieme Medical Publishers
81. **Shah D, "Pregnancy Complications Associated with PCOS"** Usha Krishna, Duru Shah Editor, 5<sup>th</sup> edition of "Pregnancy at Risk" Jaypee Publishers – January 2010
82. **Shah D, Ray S. "Induction of Labour"** in the book "Management of Labour" Arul Kumaran, Arjun Peena Editors- January 2011.
83. **Shah D, NavneetMagon, "Premature Ovarian Failure"** FOGSI textbook of Obstetrics and Gynecologyand Family Welfare 2012,
84. **Shah D, Anita Soni"Third Party Reproduction"** Clinical Progress in Obstetrics & Gynaecology, FirstEdition 2013, 106- 133
85. **Shah D,VijAnu, "Screening in Menopause"**,Duru Shah, AnuVij.Editors, Screening in Obstetrics & Gynaecology:Management of Abnormality,January 2015,
84. **Shah D, Sudeshna Ray "Pregnancy after IVF- will it require special care?"** ACOG Book 2015.
85. **Shah D. "Insulin Resistance at Menopause"** Duru Shah, VandanaBansalAuthorsClinical Practice Guidelines on Menopause, January 2015, (Chapter 37)
86. **Shah D, Rasool S, "Drugs for Ovarian Stimulation"** Principles & Practice of Assisted Reproductive Technology. Editor: Kamini Rao, (Chapter 40) 10.5005/jp/books/18020\_41
87. **Ameet Patki, Duru Shah** Evaluating the Role of Oral Dydrogesterone for Luteal-Phase Support in Women undergoing Frozen Emrbyo Transfer: Systematic Review Journal of Fertilization: In Vitro- IVF,Worldwide , Reproductive Medicine Genetics & Stem Cell Biol Vol. II, issue 2, No.1000295, 6<sup>th</sup> April, 2023

### ***Editor of Books:***

1. Usha Krishna, **Duru Shah** Editors "***Pregnancy at Risk***" five editions till 2012
2. **Duru Shah** Vinita Salvi editors "***The Rhesus Factor***" Bombay A1 publishers 1998
3. **Duru Shah** editor "***The New Science of HRT***" FOGSI FOCUS 2000.
4. Hema Divakar, **Duru Shah** Editors "***The First Trimester***" Bangalore Prism Publishers 2002
5. **Duru Shah** Vinita Salvi Editors "***The Rhesus Factor***" Bombay: The Federation of Obstetric and Gynaecological Societies of India 2002
6. **Duru Shah**, Gautam Allahbadia Editors "***Practical Infertility Management***" Chennai Orient Longman 2003
7. Usha Krishna, Nozer Sheriar, **Duru Shah** Editors "***Menopause***" Chennai, Orient Longman 2004
8. **Duru Shah**, Safala Shroff, Ivor Vaz, Allan D'souza Editors "***Genealogy of Generations The History of the Bombay Obstetric & Gynecological Society***" 2004
9. **Duru Shah**, R K Bhathena, Safala Shroff Editors "***The Polycystic Ovary Syndrome***" Chennai Orient Longman 2004
10. **Duru Shah**, Sangeeta Agrawal, Reena Wani Editors, "***The Youth and Us***", FOGSI 2006
11. **Duru Shah**, Sangeeta Agrawal, Reena Wani Editors, "***Youth Connect***" everything the Youth wants to know but is shy to ask FOGSI 2006
12. **Duru Shah**, Safala Shroff, Sangeeta Agrawal, Editors, ***FOGSI FOCUS – 2006***  
- "The Modern Pill",
  - "Balloon Ablation Therapy",
  - "Thyroid-Womb to Tomb",
  - "Rh Negative Pregnancy",
  - "Knots, Needles & Sutures",
  - "Stem Cell"
13. **Duru Shah**, Rashmi Shah, Meeta Singh, Editors, "***IMS Insight***" - a focused scientific publications entitled "***Science and Sense of Hormone Therapy at Menopause***" 2008.
14. **Duru Shah**, Rashmi Shah, Editors, "***IMS Insight***" entitled "***Target Osteoporosis***" 2009
15. **Duru Shah**, Vinit Shah, Editors, "***IMS Insight***" entitled "***Urinary Incontinence***" 2009
15. **Duru Shah**, Editor Sudeshna Ray, associate Editor "***Clinical Progress in Obstetrics & Gynecology***"

2013

16. **Duru Shah**, Editor **“Assisted Reproduction and early childhood”** 2017

17. **Duru Shah**, **“Barriers to Infertility Care in Low Resource Settings”** FOGSI FOCUS on Emerging Trends in infertility’ 2018

#### **Editor of Books for Patients**

1. HemaDivakar, **Duru Shah** Editors **“The Miracle of Life”** Bangalore Prism Publishers 2002

2. **Duru Shah**, Editor, **“Fetal Attraction- Everything Indian Parents-to-be Need to know about Pregnancy & Childbirth”** Bombay, Jaico publishers, 2005

#### **Editors of Newsletters:-**

1. FOGSI Newsletter **“FOGSI TIMES”** , 2006 (6 issues)
2. **Duru Shah**, SafalaShroff, Rashmi Shah Editors, **“IMS Mirror”** the Quarterly newsletter of Indian Menopause Society, 2008, 4 issues.
3. ICOG Newsletter **“ICOG Campus”**, 2009 (6 issues)
4. FIGO Newsletter entitled **“FIGO Connect”** (3 issues) 2012
5. ISAR Newsletter **“ISAR Express”**, 2017
6. PCOS Society Newsletter **“Pandora”**, 2016

#### **CONTRIBUTION TO THE FEDERATION OF OBSTETRIC AND GYNECOLOGICAL SOCIETIES OF INDIA (FOGSI) – THE NATIONAL PROFESSIONAL ORGANIZATION OF OBGYN.**

- **Joint Secretary** to the President of FOGSI, Usha Krishnan, 1994- 1995
- **Chair** of the Perinatal Medicine Committee of the Federation of Obstetric & Gynecological Societies of India (**FOGSI**), 1995-1999
- **Vice-President**- The Federation of Obstetric & Gynecological Societies of India, (**FOGSI**) 2001 – 2002
- **“Growing Up”** program for 10 years with support from Johnson & Johnson to educate schoolgirls on Reproductive and Sexual Health and educated 5 million girls through this program, 2000.
- Initiated the **“Let’s Talk”** program with support from Organon, to educate women between the ages of 20-25 year on contraception through FOGSI Welfare Committee- covered one hundred thousand youth, 2009
- **“The Adolescent Empowerment Project “Kishori”** (community based project) aimed at empowering adolescent girls with health, knowledge and vocation – adopted 5000 girls in Dharavi, the largest slum of Aisa, 2001
- **Suprabha Ganga Yatra”** (a 5 year project) –A Rural Women’s health program, initiated on 18<sup>th</sup> January 2006, under my President ship the aegis at FOGSI. This project was undertaken to reduce the rate of women dying during childbirth which is very high in the region through which the Ganga flows.

- Initiated the **“Saving the Mother project”** which aimed at reducing Maternal Mortality in about 40 villages of UP & Bihar, adopted by FOGSI, 2006.
- **“FOGSI-ICOG Ethiskills Course”** in collaboration with **EISE (Ethicon Institute of Surgical Education)** – an educational course to upgrade the surgical skills of Post Graduate students of Obs. & Gyn., 2006.
- **“FOGSI-ICOG Satellite School”**- in collaboration with **ISRO (Indian Space Research Organization)** a refresher course for postgraduate students in medical colleges across the country through Satellite., 2006
- **“FOGSI-RCOG collaboration”** which has given FOGSI & RCOG an opportunity to have collaborative scientific sessions during the, All India Congress of Obs&Gyn of India and the Annual Conference of the Royal College Obstetric and Gynaecology.
- Conducted many **Infertility training workshops** under the aegis of FOGSI
- Contributed over **100 chapters** to various post-graduate textbooks, and National & International Journals
- Created **6 issues of FOGSI TIMES**, a 16-page newspaper for FOGSI during the Presidential year at FOGSI, 2006
- Created **6 issues of FOGSI FOCUS**, a focused scientific 80 page issue during her Presidential year at FOGSI, 2006
- Chairman Working Committee **“Youth Connect”** a collaboration between the Federations of
- Federation of Obstetric & Gynecological Societies of India (FOGSI) & Family Planning of India (FPAI) 2006-2009
- Created the **FOGSI FLAG and “The Spirit of FOGSI” ..... the FOGI Song**, 2007
- **“Body and Soul”** a sensitive film created to sensitize doctors on how to correctly collect medical evidence in cases of sexual abuse 2006
- Contributed various articles to Health Magazines and Periodicals for health awareness amongst women.
- Was responsible in obtaining and designing the first ownership **premises** for FOGSI -2006 at Jacob Circle, Mumbai.
- Initiated the **“STAR” program (Survivor Treatment Advocacy & Responsibility) 2016**
- **Advisor** to the Infertility Committee of **FOGSI**.
- **Created awards at FOGSI:**
  - Dr. Duru Shah Youth Trophy
  - FOGSI-Dr.Duru Shah Distinguished Community Service Award
- **In order to reach out to many more, she created health messages entitled “FOGSI Speaks”** 4 one minute videos for television to create awareness on Female Feticide, Anaemia, in pregnancy, early detection of cancer and prevention of vertical transmission of HIV from mother to child. **She invited celebrities like Mr. Amitabh Bachchan, Mrs. Aishwarya Rai, Mrs. Jaya Bachchan and Mr. Ajay Devgan to deliver these messages which were relayed on many TV channels in 2006.**

<https://www.youtube.com/watch?v=tE4kV3U8FY4>  
<https://www.youtube.com/watch?v=I HqYitXREg>  
[www.youtube.com/watch?v=wza5ltYLIHo](https://www.youtube.com/watch?v=wza5ltYLIHo)  
<https://www.youtube.com/watch?v=eaNrmfCpNPw>

## **CONTRIBUTION TO THE INTERNATIONAL FEDERATION OF GYNECOLOGY & OBSTETRICS (FIGO)**

### **Representative of FOGSI to FIGO**

- Prepared FIGO Ethics Guidelines as Member of the Ethics Committee of FIGO, 2012.
- Created 3 issues of the Newsletter entitled **“FIGO Connect”** showcasing the various activities of FIGO and promoting FIGO’s Recommendations to our Indian doctors ..... 2012
- Organized a **Joint Conference with FIGO “Current Opinion – Evidence, Ethics, Excellence”** at Goa, **2011**, to promote ethical practices of Obs. & Gyn. amongst our members.

## **CONTRIBUTION TO THE INDIAN COLLEGE OF OBSTETRICIANS & GYNECOLOGISTS (ICOG):- THE ACADEMIC WING OF FOGSI.**

- Initiated the ICOG Campus – Quarterly Newsletter of ICOG ..... 2009
- Initiated the FOGSI-ICOG Post Graduate Residential Review Course ..... 2010
- Initiated the ICOG Online Quiz.
- Initiated the CME Study Hour with Clinical Research on various subjects such as Gestational Diabetes, PCOS
- Initiated the **“Current Opinion”** Conference Series – 2010 & 2011
- Initiated the 6 months Fellowship Courses and Credit points of ICOG
- Developed the Accreditation criteria for accreditation of Private Health facilities and for skilled Birth Training by private health facilities for the Ministry of Health, Govt of India.
- Initiated a study on **Safety and effectiveness of intravenous iron sucrose versus standard oral iron therapy in pregnant women with moderate-to-severe anaemia in India: a multicentre, open-label, phase 3, randomized, controlled trial**, with PHFI and Ministry of Health Govt. of India. [www.thelancet.com/lancetgh](http://www.thelancet.com/lancetgh) **Vol. 7 December 2019**

## **CONTRIBUTION TO INDIAN MENOPAUSE SOCIETY**

- Created the **IMS logo** and **IMS Flag** ..... 2008
- Initiated the **IMS Quiz** and the **IMS Duru Shah Oration**.
- Initiated the **“IMS Mirror”** – Quarterly Newsletter.
- Initiated the **“IMS Insight”** a Quarterly Scientific publication focused on one topic.
- Created the **“IMS Symposia”** CD- an electronic version of multiple lectures with power point presentations.
- Published a **“Hand Book for Mature Women”** dedicated to Menopausal Health.
- Promoted a **partnership between IMS- India & British Menopause Society (BMS)**

- Participated in a Clinical Research in Collaboration with International Menopause Society – **“IMS-CAT Study”**.
- As Representative of **IMS (India) to the International Menopause Society**, contributed to its activities.
- Contributed to writing articles for various magazines and participating in talk shows to create awareness on midlife health and also working at political level to ensure better healthcare for aging women.
- Initiated the IMS Project on: **“Standardization of healthcare of Postmenopausal women in India”**. This program was held in Latur.
- **Editor of the Journal of the Indian Menopause Society**
  - Journal of Midlife Health between 2013 – 2015
  - Developed a New look for the Journal
  - Created a hierarchy for the Editorial Board.
  - Converted the publication from 2 issues a year to 4 issues a year.
  - Made it self-sustaining financially.
  - The Latur Project – a Project to assess NCD’s in rural areas.
  -

#### ***CONTRIBUTION TO THE INTERNATIONAL MENOPAUSE SOCIETY***

- **Member of the IMS Board for 8 years 2011 - 2019**
- **Chair of the Education Committee – 2014 -2016**
- **Director of Digital Education and Chair of IMPART– 2016 - 2018**
- **Co-Chair of IMPART – 2018 -2019**
- **Chair : Council of Affiliated Menopause Society(CAMS) 2022 -2024**
- **Co-chair of the Membership Committee of the International Menopause Society 2022 -2024**
- **Developed:**
  - Online Educational Slide kits
  - Video Lectures
  - Webinars
  - Revamped the IMS Website
  - Created and launched the IMPART program – International Menopause Professional for Refresher Training.
- Published and Reviewed Scientific Articles for Climacteric
- Editorials for Various Journals
- Promoted the Recommendations developed by IMS through lectures

#### ***CONTRIBUTION TO THE INDIAN SOCIETY FOR ASSISTED REPRODUCTION (ISAR)***

- Created the **ISAR logo** and **ISAR Flag**
- Initiated the **“ISAR Express”** – Quarterly Newsletter
- Conducted an online Certificate Course through 6 Webinars of 3 hours each for Post Graduate and Clinicians on **“Infertility Management Simplified”**
- **Conducted various Educational programs like :**

- **“Fertility Enhancing Surgery”**- “What to do and what not to do, when to operate and when not to”
- **Travelling Seminars- “Stimulating Minds, Stimulating Ovaries”**
- **“National ISAR Quiz”**
- **“START Course”** (“Simplifying Techniques in Assisted Reproductive Technology”)
- Created **“Ethics Opinions for ART”**
- Organized Masterclasses on **“Male Infertility and Male sexual dysfunction” & “PCOS and Infertility”**.
- Created Awareness for women on infertility through **You Tubes videos** on  
**“Prevent Infertility- freeze your eggs”**  
**“Prevent Infertility- prevent RTI’s”**  
**“Prevent Infertility- say no to smoking and obesity”**

### ***CONTRIBUTION TO THE PCOS Society of India (PCOS, India)***

- Disseminate the knowledge on PCOS to our clinicians through various **online Webinars**
- **Promoting knowledge on PCOS amongst young physicians.** through online **“PCOS Quizzes”**
- **Promoting knowledge and Fellowship amongst Doctors through:-**
  - Annual Conferences
  - Online Certificate Courses:
    - Basics in PCOS
    - **“EXPERT”**: on PCOS and Infertility.
    - **“IMPACT”** on PCOS and Nutrition in collaboration with SNTD University.
- Dissemination of information about the PCOS Society and academics to 35000 physicians through The PCOS Society of India - **“Pandora”** Newsletter, published quarterly.
- Reaching out to the **Community: PCOS Connect.**
- Celebration of **International PCOS Month**
- The **PCOS Youtube Channel** for women.
- **“Club PCOS”** in collaboration with the PCOS Society of India.
- **“Conquer PCOS”** in collaboration with Metropolis a healthcare Company
- **“Vijayeta”** the Winner an outreach arm of the PCOS Society which has been conceived to educate women, regardless of whether or not they have been diagnosed with PCOS. The aim of this program is to raise awareness and share knowledge about its causes, its symptoms & management, and above all, to discard the myths associated with it.

### ***Clinical Practice***

- Director Gynaecworld, the Center for Women’s Health & Fertility
- Consultant to the prestigious Breach Candy Hospital, Jaslok Hospital and Hinduja Healthcare Hospital, Khar.

- Authored a book to educate pregnant women **“Fetal Attraction” (11 reprints) and Pregnancy and You – Plan, Prepare, Push” (the new title)**
- Created an educational website [www.gynaecworld.com](http://www.gynaecworld.com) on women’s health.
- Runs a Successful IVF program through Gynaecworld Fertility Clinic.
- Areas of interest: Infertility management, High Risk Pregnancy, Women’s health.
- **Editor and author** of various postgraduate books and chapters in Obs. & Gyn.
- Lectured at more than 500 National & International Meetings

### **SOCIAL ACTIVISM**

- Convenor of FOGSI’s **“Violence against women”** cell. Initiated the **“STAR”** program (**Survivor Treatment Advocacy & Responsibility**)
- Member of the **Ethics committee of Majlis (NGO)** India, for **Research on Rape Victim Support Programme.**
- **Founder Trustee** of the **“Women’s Empowerment Foundation” (WEFoundation)**  
This foundation was set up to focus on the overall development of the youth of India, the organization has developed comprehensive and innovative trainings in:
  - Self-defense to **empower** young girls and women to defend themselves against sexual Violence.
  - Basic computers and English speaking to **encourage** them towards gainful employment and
  - Workshop based courses to **educate** adolescent youth on relevant health issues.

The Foundation has developed and promotes a health education app **“TooShyToAsk”** with Metropolis Healthcare Limited under its role as the CSR partner for the company

- On the **social front - involved in reaching out to Indian youth and women** to create awareness on their reproductive and Sexual health through various organizations, like FOGSI, ICOG, IMS, ISAR, PCOS Society of India.

#### **Initiated the following programs through FOGSI:**

- **“The Adolescent Empowerment Project “Kishori”** 2001
- **“Suprabha Ganga Yatra”** program 2006
- **“Saving the Mother project”** 2006.
- **“Growing Up”** program 2007.
- **“Let’s Talk”** program 2009